

Developmental Guidelines - Infants

SOCIAL-EMOTIONAL

- 0-1. month: cries to express emotions; bonding
begins 4weeks:social smiles
- 2 months: begins social games
- 3 months: distinguishes familiar faces*
turns head toward human voice smiles in
response to a smile kicks, smiles, waves in
response cries when left alone - recognizes
parent
- 4 months: genuine laugh smiles when spoken to
loves attention
- 5 months to 1 year: stranger anxiety*
- 6 months: distinguishes between voices
smiles, babbles at strangers develops attachment
begins to play imitation games plays peek-a-boo
sensitive to parental moods
- 8 months: laughs out loud
- 9 months: screams to get own way

Play is activity only for present moment. Fears unfamiliar:
people, places, things.* Beginning sense of separate self.*

LANGUAGE

- 0-1 month: turns head in response to voices
cries to express needs
- 6-8 weeks: coos Gestures to
communicate: pushes objects away,
squirms, reaches out to people,*
pouts, smacks lips, shrieks, points
- 2 months: voluntary vocal sounds
- 3 months: babbles
- 6-12 months: imitation sound games
Responds to variety of sounds*
Makes vowel sounds
Acquires receptive language*
Cries to communicate
- 12 months: first words

PHYSICAL-MOTOR

- 4 months: sees, grasps objects
 - 5 months: examines fingers; sits when propped
 - 6 months: rolls over; discovers feet; teething begins
 - 7 months: crawls
 - 8 months: sits up unaided; pulls to standing position
pincer grasp established
 - 9 months: creeps
 - 10 months: feeds self with spoon
 - 11 months: stands alone, cruises
 - 12 months: first steps
 - By 1 year: grows 10 to 12 inches, triples birth weight,
lengthens by 40%, doubles brain size, grows full head of hair.
Bounces in crib. Uses whole-body motions
- Late infancy: can move hands in rotation to turn knobs
Newborn motor activity is mostly reflexes.

CREATIVE

- Discovers and explores hands and feet
- Expresses and discovers emotion
- Talks by babbling, cooing, and gurgling
- Plays Peek-a-Boo
- Responds to facial expressions

COGNITIVE

- 0-1 month: responds to mother's voice:
senses function, especially pain, touch*
- 10 weeks: memory is evident*
- 4 months: smiles of recognition
- 7-10 months: solves simple problems* (knocks over
box to get toy)
- 8 months: begins to believe in permanence of objects; follows
a simple instruction
- 8-12 months: intentionality in acts
- 11 months: begins trial-error experimentation
- 12 months: plays drop/retrieve games, pat-a cake
Explores with hands and fingers
Smiles, vocalizes at image in mirror*

*Key characteristics of cultural awareness or identity.